

Poems, Poems

Relax your brain, all your muscles and bones.

Don't get disturbed by your TV or cell phone.

Let your mind travel into the neurological zones.

Express yourself or turn into a drone.

Don't call your doctor if you'r starting to get the word jones.

Just let your mind just roam.

Brain storm your thoughts on paper alone.

Don't try to make sense of it all because it's just a poem.

Exercise your vocabulary and don't be a clone.

It's more fun than scrabble and you can do it alone.

What ever you do don't get depressed their just a bag of words formed into poems.

If you run out of words that rhyme just leave it alone.

And don't be shy, take a risk, and share it with more than rocks and stones.

By Ron Blumenthal 7/25/09 12:40 PM